

Carbon sinks: Why we need them

Carbon sinks are systems that absorb more carbon from the atmosphere than what they release. The largest carbon sinks in the world are forests and oceans, absorbing around 50% of the carbon dioxide emissions (National Oceanic and Atmospheric Administration, 2020). These systems capture the carbon and store them below the Earth's surface as well as in organic matter, such as in plants.

Carbon sources do the opposite. They release more carbon into the atmosphere than the carbon dioxide (CO₂) molecules that they absorb. Examples of these processes include burning fossil fuels and rearing cattle.

Having CO₂ in the atmosphere is vital for our survival since it traps heat from the sun. If it was not present, the Earth would be too cold for humans to survive. However, too much CO₂ can also trap too much heat, making the Earth too hot.

Carbon sinks are a crucial part of the carbon cycle (Fig 1), which is the process of carbon atoms moving between the atmosphere and the environment. Balancing the amount of carbon that carbon sinks absorb and the amount that the carbon sources release into the atmosphere keeps the concentration of CO₂ in the atmosphere at the optimum level for survival.

The global carbon cycle

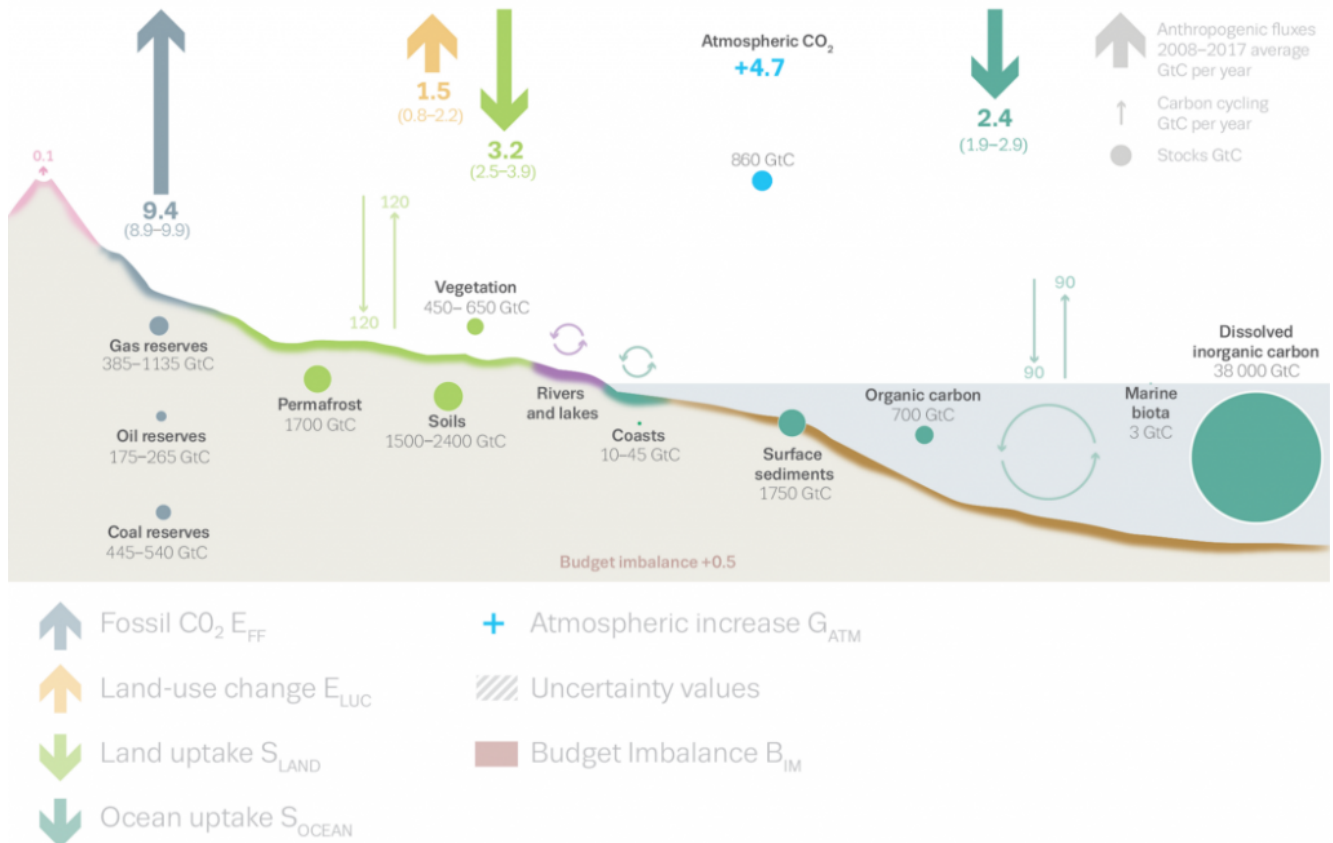


Fig 1. Diagram of CO₂ moving between the Earth and the atmosphere. Source: Global Carbon Budget, 2018.

The Problem

CO₂ levels are [rising](#) and climate change [models](#) tell us that higher CO₂ concentration in the atmosphere is a major factor in causing this rise. There are two main reasons why CO₂ concentrations are increasing:

1. Human activity is releasing more and more carbon into the atmosphere. Furthermore, this amount will continue to grow as the population and the energy needs of the people increases.
2. Humans activity is destroying the carbon sinks, which includes deforestation. One study estimates that there is now half the number of trees on Earth compared to before human civilisation (Crowther et al, 2015). Additionally, natural minerals which store carbon, such as coal, are being mined and turned into carbon sources.

At the same time, many studies show that forests are also becoming less efficient at storing carbon, while rising temperatures and droughts are causing trees to die

and dry out. Therefore, forests are also losing their ability to absorb carbon. One [paper](#) showed that the Amazon rainforest is likely to become a carbon source in the future (Hubau, 2020). Meanwhile, African forests are also slowly going to reach a similar fate.

Surprisingly, the CO₂ absorption in oceans may also be increasing (Rosane, 2019). With oceans absorbing a third of the carbon emissions, this sounds promising. However, this is at the cost of acidifying oceans, leading to uninhabitable environments for sea creatures.

How to make carbon sinks more efficient

The solution to the first aforementioned problem is reducing CO₂ emissions. Some ways of doing this include switching from fossil fuels to [renewable energy](#). However, this will not be enough to stop CO₂ levels from rising.

The volume of carbon that carbon sinks remove from the atmosphere needs to increase. One proposed way to do this is to directly remove carbon using [artificial carbon sequestration](#). This method uses machines to filter CO₂ out of the air, creating an artificial carbon sink. Some ways of doing this include:

- Direct [capture of CO₂ emissions](#) from coal-fired power stations and injecting it deep under Earth's surface
- Injecting CO₂ into deep saline aquifers, which are sedimentary rocks saturated with saline water (Celia et al., 2015)
- Placing [algae](#) near light sources that can absorb CO₂ and emit oxygen.

However, an [EASAC](#) report suggests that these methods are likely to be high cost and may negatively impact the environment. Additionally, they alone will not be enough to offset carbon emissions.

Another possibility is turning infrastructures into carbon sinks. Producing mineral-based construction materials, such as cement, steel and bricks releases a large amount of carbon. One [paper](#) suggested that using bio-based alternatives, such as bamboo and cross-laminated timber (CLT) could turn infrastructure into man-made carbon sinks, whilst reducing emissions as well (Chrukina, 2020).

Trees: The best carbon sinks?

In 2019, a [paper](#) made waves for estimating that reforestation could lead to up to a 25% increase in tree cover, absorbing an extra 200 billion tonnes of carbon dioxide in woodland and forest areas (Bastin et al., 2019). This estimate was made using models that located areas that could support trees (excluding agricultural land and naturally tree-less areas). However, this projection is under the assumption that carbon emissions are brought to zero.

Some researchers have found this estimate to be too optimistic, questioning the feasibility of forest growth in the areas identified as potential reforestation locations (Carrington, 2019). However, other [studies](#) showed that recovering tree land coverage could have a huge potential for absorbing carbon as well (Fargione, 2018).

These findings have translated into the growing popularity of tree planting organisations. However, tree planting can have negative environmental impacts if not done correctly (see Fig 2). Some of these include:

- **Destroying the natural landscape.** Planting exotic trees can destroy native tree species and disrupt ecosystems. Similarly, planting trees in naturally bare landscapes, such as the prairies, can also hurt existing native wildlife by creating habitats for new predator species.
- **Planting monocultures.** This reduces the biodiversity and renders the forests and plantations at a greater risk of disease.
- **Planting in areas with low water availability.**
- **Displacing agricultural land and forcing farmers to find land elsewhere, which can lead deforestation.**

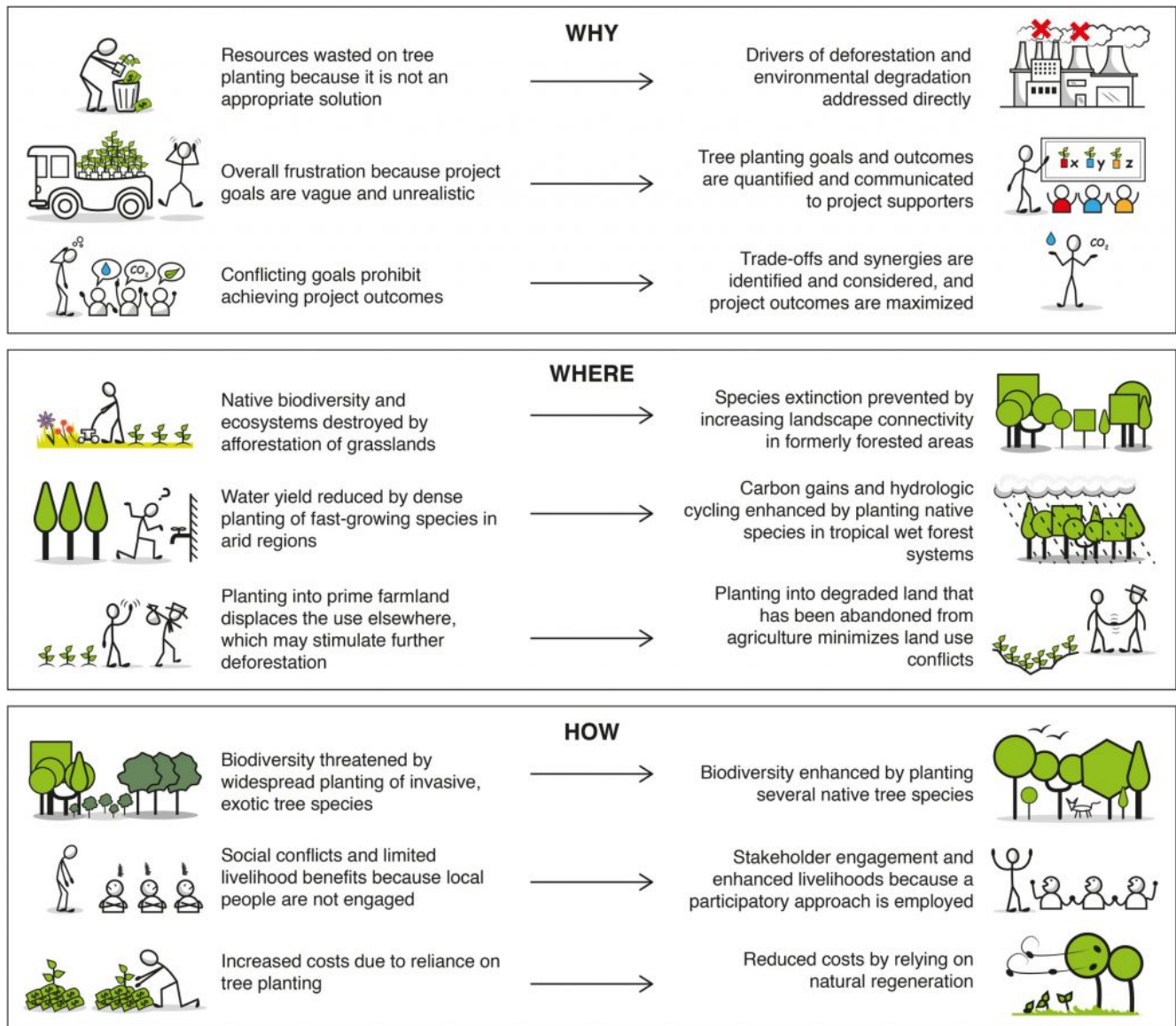


Fig 2. Infographic describing ways that tree planting could lead to environmental degradation and the best practices for mitigating that risk. Source: Brancalion et al., 2020

Moreover, these problems have been used as a strong point of contention for commentators, accusing tree planting organisations and campaigns of [greenwashing](#). The Trillion Trees Act that was introduced by Trump in 2020 was one such example (Greenpeace, 2020). Plans to ‘restore’ forest areas in grassy biomes in Africa are also another example (Bond et al., 2020).

How to choose tree-planting organisations

To avoid these problems, it is important to check that a tree-planting organisation:

1. Divulges which species it plants.

2. Plants only native trees.

3. Does not plant monocultures.

Ultimately, natural forest growth, rather than planting trees, is a more effective solution (Lewis et al., 2019). However, this will depend on preserving existing forests. Thus, working with environmentally-conscious tree-planting organisations to reduce carbon footprints is a step towards restoring carbon sinks.

THRIVE Project works with one such tree-planting organisation, treesforlife.org, which you can read about on our blog [here](#).

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